

Young Professionals

# MENTOR PROGRAM

## What makes you work?

What motivates you, what are your dreams and do you have a plan on how to achieve them? The Young Professionals Mentorship Program (YPM) aims to help you to reflect on your professional development and set ambitious, actionable goals for your career.

The program will provide you with strong perspectives and concrete action points, which can ensure that you sharpen your motivation, move forwards constantly and strengthen your career plan.

The program will not only challenge you but nudge you to consider where you are heading and how to get there.

## Why should you join?

The short answer is this: **because development matters.** It matters for you on a personal level, as it supports your motivation and enjoyment at work. It matters to your employer, as the development of employees is a key factor in retaining you. It matters because it enables you to present a consistent image of yourself that goes beyond what can be read from your CV.

It is a unique opportunity to expand your network and meet like-minded young professionals in Copenhagen. The program gives you the chance to engage and build relations with highly successful and inspirational mentors from large corporations based in Copenhagen.

## Requirements



All nationalities are welcome to join the program.



Minimum 1 year working experience after studies.



The participants are typically between 25-33 of age but it is not a criterion.



The participants in YPM should be determined and ambitious with their professional career.



Once signed-up for the program we expect openness and full commitment to the program.

# What do you get from YPM?

Through exercises, conversations and the creation of a personality profile, INDIVIDUALS will be able to establish a viable starting point for your programme. The counselling session allows you to articulate and cultivate your thoughts and aspirations on your career, professional capabilities, tough decisions for the future and your personal development.

After the initial counselling session with INDIVIDUALS, you will be assigned a mentor. The assignment of the mentor is based on your personal goals and the findings in the initial session. Networking arrangements throughout the year provide the opportunity to hear from the other participants in the programme in an informal setting.

*"Focused and confident team members are no doubt more effective in meeting objectives and creating value for your company. It's truly a win/win/win for the mentee, company and the mentor."*

Nicolai Moesgaard, Vice President at Titan Wind Energy

*"A mentorship is a unique opportunity to put yourself ahead and develop professionally - with a professional on the sideline. That is a definite advantage in today's job market."*

Kjeld Stærk, President of Danfoss China



A personality profile



1:1 counselling sessions



Relevant Workshops



A personal mentor



Access to network

## Mentors

YPM mentors are all seasoned leaders and experts in their respective field. These are some examples:

**Stephanie Illgner**

Marketing Director - Carlsberg

**Peter Kiaer**

Sales Director - Grundfos China

**Frank C. Okoisor**

CEO - Toyota Danmark

**Kevin Helsinghof**

Global Sales Director, DFDS

**Nikolaj Moesgaard**

Vice President - Titan Wind Energy

**Anders Rygaard**

Marketing Manager, Divisionsforen.

**Mark Hallum**

Global Vice President - Volvo

**Jens Olsen**

Head of Wind Power APAC - Siemens

**Allan Søndergaard**

CEO - Frettrailer

## About INDIVIDUALS

**INDIVIDUALS** are a Copenhagen based people advisory consultancy, who specialise in guiding and advising Young Professionals on their career journey. They help clients to establish clear goals and objectives for the programme, as well as a core organisational narrative which ensures alignment between every mentee in the programme.

Having conducted counselling sessions with over 1000 young, ambitious people, and in career networks in Copenhagen, London, New York and Shanghai, INDIVIDUALS has the extensive experience required to guide you in the right direction.

**For more information and to sign up:**

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